



WORKSHOP

V Simpósio Internacional da SPM

Ipanema Porto - Porto, 14 e 15 Outubro 2011

COMUNICAÇÕES LIVRES/POSTERS

Autor(es):

Fernandes S.; Mações A.; Santos M.; Tovim C.; Geraldes F.

Morada:

Maternidade Bissaya Barreto. Rua Augusta. 3000-061 Coimbra

Telefone: 239480400

Telemóvel: 939449060

E-mail: s-m-m-fernandes@sapo.pt

Título: COMPLIANCE TO HORMONE THERAPY AND REASONS FOR HIS DISCONTINUATION

Autor que irá apresentar: Sílvia Fernandes

Meios Audiovisuais: Datashow

Slides

Projector multimédia

Objectives: Study the prevalence of hormone therapy prescription, reasons for adherence and discontinuation in a population of woman referred to a climacteric consultation.

Methods: Retrospective analysis of 182 medical records of woman referred to a first climacteric consultation, between January 2009 and June 2010.

Results: The mean age was 52.1 years (41-64). Hormonal therapy was prescribed to 73% (132/182) of patients, 95% for climacteric symptoms (125/132). 61% (81/132) of patients refers a complete improvement of climacteric symptoms after the first prescription of therapy. Of Woman's who were not prescribed: 38%(19/50) was for not being menopausal criteria; in 32% (16/50) was for clinical contraindication and in 30% (15/50) was a lack of motivation for therapy.

Of woman's who started hormonal therapy, 32% (42/132) discontinued treatment, 78% in first six months (33/42). The reasons for discontinuation were side effects (50%); lack of motivation for therapy (24%); medical indication (14%) and fear of hormonal therapeutic (9%).

Conclusions: In this survey, hormone therapy was used in 73% of menopausal woman, solving completely climacteric symptoms in 61% after de first consultation. Side effects and lack of motivation were the commonest reason for early discontinuation of hormonal treatment.

Preferência de apresentação:

Poster

Comunicação livre

Deve enviar resumo, juntamente com 2 cópias até 15 Setembro para:
intsym2011@socportmenopausa.mail.pt