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Título: HORMONAL REPLACEMENT THERAPY – PERCEPTIONS AND PATTERNS OF PRESCRIPTION: COMPARATIVE STUDY BETWEEN GENERAL AND FAMILY MEDICINE AND GINECOLOGY/OBSTETRICS SPECIALISTS

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Meios Audiovisuais: Datashow  Slides  Projector multimédia

ABSTRACT:

Objectives: To analyze the perceptions and prescribing patterns of HRT (hormone replacement therapy) of “general and family medicine” (GFM) and “gynecology/obstetrics” (G/O) specialists.

Methods: A cross-sectional observational study was conducted. A self-administered questionnaire was distributed to G/O and GFM specialists attending the “XI Portuguese Congress of Gynecology” and the “XIV National Congress of General and Family Medicine”, respectively.

Results: 326 physicians participated in the study – 18,1% G/O and 81,9% GFM specialists. 97,3% GFM and 98,3% G/O admitted that menopause severely affects the quality of life of women. 71,2% GFM and 57,6% G/O felt that HRT should be used only in women with symptoms although they also consider that can be used to prevent others diseases. 71% GFM and 98,3% G/O prescribe HRT in their daily clinical practice. 100% GFM and 93,3% G/O consider that the quality of life of post-menopausal women improved with HRT.

Conclusions: The study participants demonstrated having appropriate knowledge about symptoms, physiological changes and the impact on quality of life of postmenopausal women as well as of HRT recommendations and risks-benefits. Nevertheless we have identified some discrepancies between the specialties, particularly on what concerns HRT prescription. This may be explained by the limited availability of protocols and standards/guidelines.

Preferência de apresentação: Poster X Comunicação livre

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