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5th International Symposium  
of the Portuguese Menopause Society

**MYTH AND TRUTH**

**IN MENOPAUSAL WOMEN'S WELL-BEING**

**Porto, 14 e 15 Outubro – 2011**

*Hotel Ipanema Porto*



Federação das Sociedades Portuguesas Obstetrícia e Ginecologia



Sociedade Iberoamericana de Informação Científica



International Menopause Society

# 15.10

## *V International Symposium of the Portuguese Menopause Society* ***Myth and Truth in Menopausal Women's Well - being*** *Porto 2011*

08.30 **Registration**

09.00 **Opening**

### **Scientific Programme**

09.00-12.30 **Session 1** - Chair: *Mario de Sousa - Fátima Romão*

09.00-09.30 **Role of FSH in the pathogenesis of osteoporosis**

*Camil Castelo Branco*

09.30-10.00 **Are hormones the only and best tools to drive women into a healthy gerontarche ?** - *M. Neves e Castro*

10.00- 10.30 **Coffee break**

10.03 - 11.00 **Perspectives on hormone replacement therapy**

*Michelle Warren*

11.00- 11.30 **Myth and truth about androgen supplementation for sexual wellbeing in menopause women** - *P.eter Kenemans*

11.30 - 12.30 **Debate and Discussion**

12.30-13.30 - **BIAL Symposium**

13.30-15.00 - **Lunch**

15.00 - 15.30- **Posters and Comuncations**

Chair: *Amália Martins - Teresa Paula*

15.30-19.00 **Session 2**

Chair: *Fernanda Geraldes- Isabel Casal*

15.30-16.00 **ERbeta agonists offering new hope in menopausal women wellbeing** - *Jan-Ake Gustafsson*

16.00-16.30 **Myth and truth: if every woman is different her treatment must be different?** - *Dražěn Postruznik*

16.30-17.00 **Coffee break**

17.00-17.30 **Depression and HT** - *Adriana Vilarinho*

17.30-18.00 **Myth and truth: HRT Effects on Coronary Heart Disease** - *John C. Stevenson*

18.00-19.00 **Debate and Discussion**

19.00 **Conclusions** - *Mário de Sousa*

20.30 **Farewell dinner**

